

Directions: As a dietary supplement, take one or more softgels daily.

Coenzyme Q10 is required for energy metabolism and functions as an antioxidant in cell membranes and lipoproteins. Research suggests that coenzyme Q10 may help support a healthy cardiovascular system.†

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, gluten, milk, egg, fish products, peanuts, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

The logo for Viva Vitamins features the word "viva" in a green, lowercase, rounded font with a blue dot above the 'i'. Below it, the word "vitamins" is written in a smaller, green, lowercase, rounded font. The entire logo is set against a white background with a subtle drop shadow.

COENZYME Q10

100 MG

High Potency

heart healthy



Supports a healthy cardiovascular system
Supports energy metabolism
Functions as an antioxidant†

60 softgels
dietary supplement



Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 60

	Amount Per Serving	%DV
Calories	5	
Total Fat	0.5 g	1
Coenzyme Q10	100 mg	**

* Percent Daily Value is based upon a 2,000 calorie diet.

** %Daily Value (DV) has not been established.

Other Ingredients: Soybean oil, bee's wax, lecithin, gelatin, purified water.

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for more information visit www.vivavitamins.com
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